



THE LUNCH BUNCH

A Nutritional School
Lunch Program

Aloha Parents of Our Savior Lutheran School!

THE LUNCH BUNCH, a nutritional lunch program, serving schools in the Honolulu, Central, Leeward and Windward areas since 1989 has been selected to serve your child in our quality nutritional lunch program.

Features of our convenient lunch program:

- *Unitized (individually served) lunches are delivered in special thermally insulated carrying cases.*
- *Cold items, i.e. vegetables and fruits are delivered in plastic containers and are delivered cold and placed in the school's refrigerator.*
- *Ingredients used for the lunches are purchased from carefully screened vendors, which have adopted HACCP procedures to insure proper handling, freshness and quality.*
- *Lunches are cooked from fresh ingredients with use of minimal processed foods, transfat and no peanut products.*
- *All baked goods for lunch or snacks are baked fresh.*
- *Lunches are designed with minimal fat, sugar, and sodium and meat cut into bite size pieces. .*
- *Lunches are provided with plates, napkins and forks.*
- *All serving portions are based on current National School Lunch and Child and Adult Care Food Program guidelines..*
- *We provide our own fresh made pizzas twice monthly, served with carrot sticks and fruit wedges.*
- *Brown bags used on field trips are available on request. The brown bags consist of sandwich, crackers, fresh fruits and vegetables, including a sanitary hand wipe.*
- *Our informational newsletter "The Munchies" are provided to the parents every other month.*
- *All deliveries are with Company logo vans and uniformed drivers to address security and identification issues in entry to school campuses.*
- *Annual lunch preference surveys are taken by staff Dietitian.*

IF YOU ARE INTERESTED IN THIS PROGRAM, PLEASE FILL THE ATTACHED ENROLLMENT FORM ALONG WITH YOUR PAYMENT AND MAIL TO THE LUNCH BUNCH OFFICE AT 2707-A SOUTH KING STREET, HONOLULU, HI 96826.

*Any questions? . . . please call us at **THE LUNCH BUNCH** office at **949-7664**.*

Schools in **THE LUNCH BUNCH** program:

Manoa Valley Preschool, Makiki Christian Preschool, Montessori Community Schools, First United Church Preschool, University Avenue Baptist Preschool, The Early School, Nuuanu Baptist Preschool, Assets School, Aiea Hongwanji Preschool, Mililani Presbyterian Preschool, St. John Catholic Preschool, Mililani Missionary Preschool, Abundant Life Preschool, Trace Academy Preschool, Holy Family Preschool, Friendship Youth School and High School, Wahiawa Preschool, PACT Early Head Start Programs in Wahiawa, Pearl City, Waimanalo, Waianae and Honolulu, Honolulu Jewish Community Preschool, Calvary Episcopal Church Preschool, Trinity Christian School, Olivet Baptist Preschool, Stepping Stones Academy, Pearl Ridge and Kakaako, The Kamehameha Preschools: Nuuanu, Keanu, Waimanalo and Waianae Region, Halau Kumana Charter School, Trinity Christian School, And US Army Child Development Center-Altamnanu Barracks, Palama Settlement.

THE LUNCH BUNCH ENROLLMENT FORM

Our Savior Lutheran School

August 12-September 2010

Student Name: _____
 Circle Grade: K 1 2 3 4 5 6 7 8
 Parent/Guardian: _____ Bus Ph: _____
 Home Address: _____
 City: _____ Zip Code: _____

No Lunches: Aug 11 & 20th September 1, 3, 6 & 29.

(M - F) Medium (Gr. K-3): \$134.85
Large (Gr. 4-6): \$144.15
XLarge (Gr. 7-8): \$158.10

Select 1 Drink:

1% Milk _____ **Skim Chocolate Milk** _____ **POG Juice(1/2pt)** _____

Please call for more info on the Pesca-Vegetarian option and other special diet requests.

*Payment Options: *auto quickpay & auto charge cards will be processed the 1st of the month before Enrollment. Month (e.g. charge Feb 1st for March enrollment). Written termination need for cancellation. Good for One School Year*

_____ Check enclosed (payable to **THE LUNCH BUNCH**)
 * Quickpay® charge my Checking or Savings account
 (Enclose voided check) (Signature required below)(One school year)

_____ Credit Card: (circle one) **VISA** or **MC**
 Card # _____ Exp: _____
 (Signature required below)(One time charge)



* Charge my account automatically every month (Does not include summer)
 Signature required: _____

Deadline is Friday, August 6, 2010.
 postmarked on due date.
Mail to: The Lunch Bunch
 2707 South King St.
 Honolulu, HI 96826
 Phone: 949-7664 Fax: 943-6447
****\$10.00 Late Enrollment Fee/**\$10.00 Cancellation Fee**
****\$20.00 Fee on all returned checks**



August-September 2010

The Munchies Menu

Monday	Tuesday	Wednesday	Thursday	Friday
16 Hamburger Stew Rice Vegetable Fruit	17 Chicken Pasta w/ Marinara Sauce Roll Vegetable Fruit	11 No Lunches	12 Chicken Adobo Rice Vegetable Fruit	13 Roast Beef w/ Gravy Rice Vegetable Fruit
23 Chicken Nuggets Rice Vegetable Fruit	24 Spaghetti w/ Meat Sauce French Bread Vegetable Fruit	18 Tenderloin on Bun Vegetable Fruit Tater Tots	19 Kalia Pork Rice Vegetable Fruit	20 Holiday- No School
30 Meatballs w/ Gravy Rice Vegetable Fruit	31 Mac & Cheese w/ Turkey Ham French Bread Vegetable Fruit	25 Chicken w/ Mushroom Sauce Rice Vegetable Fruit	26 Meatloaf Rice Vegetable Fruit	27 Pizza Day 
6 HOLIDAY- No School	7 Roast Chicken w/ Gravy Rice Vegetables Fruits	1 No Lunches	2 Roast Turkey w/ Gravy Rice Vegetable Fruit	3 No School
13 Chicken Broccoli Rice Vegetables Fruits	14 Spaghetti w/ Meat Sauce French Bread Vegetables Fruits	8 Baked Ziti French Bread Vegetables Fruits	9 Teri Chicken Rice Vegetables Fruits	10 Pizzaburger on Bun Vegetables Fruits
20 Hamburger Stew Rice Vegetables Fruits	21 Chicken Pasta w/ Marinara Sauce Roll Vegetables Fruits	15 Chicken Taco Burger w/ Cheese Vegetables Fruits	16 Chicken Adobo Rice Vegetables Fruits	17 Roast Beef w/ Gravy Rice Vegetables Fruits
27 Chicken Nuggets Rice Vegetables Fruits	28 Spaghetti w/ Meat Sauce French Bread Vegetables Fruits	22 Cheeseburger on Bun Vegetables Fruits Tater Tots	23 Kalia Pork w/ Cabbage Rice Vegetables Fruits	24 Pizza Day 

All meals are prepared in accordance to the USDA school lunch guidelines.
 No REFUNDS for cancellation, illness or vacation

Menu Subject to Change Without Notice

Cut and return to: THE LUNCH BUNCH