



JUMP ROPE FOR HEART



Dear Parents of Our Savior Lutheran School,

January 13, 2010

Jump rope for Heart will take place on the playground at school, February 8, 9, 10, & 11th. Each afternoon, teams from grades 2-8 will jump continuously for 45 minutes, beginning at 1:15 PM. Long rope areas will be designated for Kindergarten, first graders, and some second graders. Parents are needed to assist these groups in turning the long ropes. If you can help on any of the four days, please indicate below on Form #2. Your help will be appreciated.

All students in grades K-8 will participate in this jumping event as part of their PE program. All members of a team will jump collectively for 3 hours. All students must wear athletic shoes to jump; students should dress appropriately for the heat. Students in grades 4-8 may change into their PE uniform at noon on those days. A written excuse should be written if your child cannot physically jump.

Prizes begin with the collection of a \$5 donation. The prize list and collection packet will be sent only with those students who return the attached permission form with a parent's signature. Families with two or more children at OSLS may want to enter as a single unit, using only one child's name, and collectively sharing in the larger prize amount. Only those students collecting money must return the permission slip below, (Form #1), and only those students are eligible for prizes. All money collected is due to Mrs. Patterson by Feb. 24th.

On-line collection is strongly urged by the American Heart Assoc. The on-line tool can be found at www.americanheart.org/jump and click the link "I Am Ready!" Your child can personalize his or her own Web page and include a message about why he or she is participating in Jump Rope for Heart. All information is included for your usage. Also, check with your employers about possible matching gift programs available at work. A list of companies that match donations can be found at www.matchinggifts.com/aha. Your child's name and school should be included so funds can be properly designated.

OSLS has participated in Jump Rope for Heart for 23 years. For many years we averaged near \$4000. Last year \$3953 was collected. Please help us to raise more than that amount this year. Help Hawaii to save lives. Our Savior will receive physical education equipment certificates when raising over \$2,500.

Mrs. Patterson is the coordinator for this event. Please address questions to her before our jump dates in February. Mrs. Poziembo is her assistant.

Mrs. Patterson: 488-0000, ext. 239; e-mail at mrp1106@hotmail.com

Return this portion to Mrs. Patterson or the office by February 4th.

FORM #1: COLLECTION PARTICIPATION (Please print)

Student: _____ Grade: _____ Parent's signature: _____

My child has permission to participate in the Jump Rope for Heart collection program. I understand the commitment that is involved and that all money is due by February 24, 2010.

FORM #2: PARENT VOLUNTEER (Please print)

Volunteer's Name: _____ Child(ren) grade levels: _____

Telephone number I can use to reach you: _____

Days I can help: ___ Monday, the 8th ___ Tuesday, the 9th ___ Wednesday, the 10th ___ Thursday, the 11th